



cha cha rock & roll rumba valse tango FOXTROT MERENGUE MAMBO

**FUN BALLROOM** 🎵 Une approche simple et facile de la danse sociale combinant les pas de base standard et de style international. Les classes de débutants s'adressent à des personnes qui n'ont probablement jamais dansé. 🎵 An easy and relaxed approach to Ballroom Dancing using the fundamental and International style steps. Beginner classes start as if you have never been on a dance floor.

**MODERN ROUND DANCING** ☺ Round Dancing is danced in a circle. Each dance has a pre-set choreography in all rhythms (while Ballroom is free-style) using standard Ballroom for Fun steps. All basics taught may be used FREE STYLE or CHOREOGRAPHED. ☺  
**RONDE** parce qu'en cercle. Chaque mélodie possède sa chorégraphie propre, quelque soit le rythme (tandis que le Ballroom est dansé 'ad lib'). Les pas utilisés sont les mêmes que le Ballroom for Fun.

**MONKLAND COMMUNITY CENTER**  
**4410 West Hill (NDG), Montréal**

**WINTER 2012 PROGRAM for BILINGUAL CLASSES**  
**from FEBRUARY 5 to APRIL 29**

**Final schedule TBA depending on inscriptions**

**BALLROOM FOR FUN (6 to 8 figure / rhythm)**

**RUMBA - MAMBO - CHACHA :**

Basic Forward & Back ;; Cucaracha ; New Yorker ;  
 Spot Turn ; Underarm turn ; Lariat ;;  
 Shoulder to Shoulder ;

**MERENGUE :**

Basic ;; Separation ;; Lady Under ;; Lariat ;;

**WALTZ :**

Forward & Back ;; Box ;; & Box Back ;;  
 Left Turning Box ;;;; Right Turns ;; Left Turns ;;  
 Canter ; Pick Up ; & Manuver ; Dip back ;

**JIVE :**

Chassé left & Right Basic Rock  
 Change place Right to Left OR Left to Right  
 American Spin Link Rock Jive Walks Swivel 4

**TANGO :**

Tango Draw; Basic;; Corte,-,recover,-; Walk ;;  
 Rock 3; Forward 2step ;

**ROUND DANCING PHASE II & II+ Latin III**

Teach Basic Steps & Phase II dances  
 Waltz - 2Step/Polka  
 Teach Phase III dances : Rumba & Cha

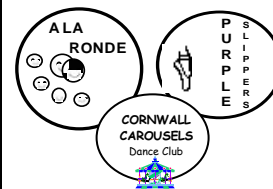
**ROUND DANCING PHASE III & III+ soft IV**

Teach Basic steps & Phase III dances  
 Waltz - Latin - Jive  
 Intro to Foxtrot using Phase III Basics



**TEACHER : GISELE GOSSELIN**  
**MAESTRO ROUNDALAB**

MEMBER : ROUNDALAB / ICBDA /  
 CONTRALAB / CSRDS / BBSRDA



NAT'L CAROUSEL #316

**INFO :**

Monkland Center 514 872-8588

Gisèle 450 679-7623

[alaronde@videotron.ca](mailto:alaronde@videotron.ca)